

PERPETUAL SAUM-O-SALAT TIMETABLE

| JANUARY | | | | | | | | | | FEBRUARY | | | | | | | | | | MARCH | | | | | | | | | |
|---------|------|---------|--------------|-------|------|---------|------|------|------|----------|--------------|-------|------|---------|------|------|------|---------|--------------|-------|------|---------|------|--|--|--|--|--|--|
| Date | Fajr | Sunrise | Zawal Begins | Zuhr | Asr | Maghrib | Isha | Date | Fajr | Sunrise | Zawal Begins | Zuhr | Asr | Maghrib | Isha | Date | Fajr | Sunrise | Zawal Begins | Zuhr | Asr | Maghrib | Isha | | | | | | |
| 1 | 5:34 | 7:01 | 11:22 | 12:04 | 3:29 | 5:10 | 6:34 | 1 | 5:30 | 6:54 | 11:33 | 12:15 | 3:57 | 5:37 | 6:58 | 1 | 5:07 | 6:28 | 11:34 | 12:14 | 4:19 | 6:01 | 7:20 | | | | | | |
| 2 | 5:34 | 7:01 | 11:22 | 12:05 | 3:30 | 5:11 | 6:35 | 2 | 5:30 | 6:53 | 11:34 | 12:15 | 3:57 | 5:38 | 6:59 | 2 | 5:06 | 6:27 | 11:34 | 12:13 | 4:19 | 6:02 | 7:20 | | | | | | |
| 3 | 5:34 | 7:01 | 11:22 | 12:05 | 3:31 | 5:11 | 6:36 | 3 | 5:29 | 6:53 | 11:34 | 12:15 | 3:59 | 5:39 | 7:00 | 3 | 5:04 | 6:26 | 11:33 | 12:13 | 4:20 | 6:03 | 7:21 | | | | | | |
| 4 | 5:34 | 7:01 | 11:23 | 12:06 | 3:32 | 5:12 | 6:36 | 4 | 5:29 | 6:52 | 11:34 | 12:15 | 3:59 | 5:40 | 7:00 | 4 | 5:03 | 6:24 | 11:33 | 12:13 | 4:21 | 6:04 | 7:22 | | | | | | |
| 5 | 5:34 | 7:01 | 11:23 | 12:06 | 3:33 | 5:13 | 6:37 | 5 | 5:28 | 6:51 | 11:34 | 12:15 | 4:00 | 5:41 | 7:01 | 5 | 5:02 | 6:23 | 11:33 | 12:13 | 4:21 | 6:04 | 7:23 | | | | | | |
| 6 | 5:34 | 7:01 | 11:24 | 12:07 | 3:33 | 5:14 | 6:38 | 6 | 5:27 | 6:51 | 11:34 | 12:15 | 4:01 | 5:42 | 7:02 | 6 | 5:01 | 6:22 | 11:33 | 12:13 | 4:22 | 6:05 | 7:23 | | | | | | |
| 7 | 5:36 | 7:03 | 11:25 | 12:08 | 3:34 | 5:15 | 6:39 | 7 | 5:27 | 6:50 | 11:35 | 12:15 | 4:02 | 5:43 | 7:03 | 7 | 5:00 | 6:21 | 11:33 | 12:12 | 4:22 | 6:06 | 7:24 | | | | | | |
| 8 | 5:35 | 7:02 | 11:25 | 12:08 | 3:34 | 5:15 | 6:39 | 8 | 5:26 | 6:49 | 11:35 | 12:15 | 4:02 | 5:43 | 7:03 | 8 | 4:59 | 6:20 | 11:33 | 12:12 | 4:23 | 6:07 | 7:24 | | | | | | |
| 9 | 5:35 | 7:02 | 11:25 | 12:08 | 3:35 | 5:16 | 6:40 | 9 | 5:25 | 6:48 | 11:34 | 12:15 | 4:04 | 5:44 | 7:04 | 9 | 4:57 | 6:19 | 11:32 | 12:12 | 4:23 | 6:07 | 7:25 | | | | | | |
| 10 | 5:35 | 7:02 | 11:26 | 12:08 | 3:37 | 5:17 | 6:41 | 10 | 5:24 | 6:47 | 11:34 | 12:15 | 4:05 | 5:45 | 7:05 | 10 | 4:56 | 6:17 | 11:32 | 12:12 | 4:24 | 6:08 | 7:26 | | | | | | |
| 11 | 5:35 | 7:02 | 11:26 | 12:09 | 3:38 | 5:18 | 6:42 | 11 | 5:24 | 6:46 | 11:35 | 12:15 | 4:05 | 5:46 | 7:06 | 11 | 4:55 | 6:16 | 11:32 | 12:11 | 4:25 | 6:09 | 7:27 | | | | | | |
| 12 | 5:35 | 7:01 | 11:27 | 12:09 | 3:39 | 5:19 | 6:42 | 12 | 5:23 | 6:46 | 11:35 | 12:15 | 4:06 | 5:47 | 7:07 | 12 | 4:54 | 6:15 | 11:31 | 12:11 | 4:25 | 6:09 | 7:28 | | | | | | |
| 13 | 5:35 | 7:01 | 11:27 | 12:10 | 3:39 | 5:20 | 6:43 | 13 | 5:22 | 6:45 | 11:35 | 12:15 | 4:07 | 5:48 | 7:08 | 13 | 4:52 | 6:14 | 11:31 | 12:11 | 4:26 | 6:10 | 7:28 | | | | | | |
| 14 | 5:35 | 7:01 | 11:28 | 12:10 | 3:40 | 5:21 | 6:44 | 14 | 5:21 | 6:44 | 11:35 | 12:15 | 4:08 | 5:49 | 7:08 | 14 | 4:51 | 6:12 | 11:31 | 12:11 | 4:26 | 6:11 | 7:29 | | | | | | |
| 15 | 5:35 | 7:01 | 11:28 | 12:10 | 3:41 | 5:21 | 6:44 | 15 | 5:21 | 6:43 | 11:35 | 12:15 | 4:09 | 5:50 | 7:09 | 15 | 4:50 | 6:11 | 11:31 | 12:10 | 4:27 | 6:12 | 7:30 | | | | | | |
| 16 | 5:35 | 7:01 | 11:28 | 12:11 | 3:42 | 5:22 | 6:45 | 16 | 5:20 | 6:42 | 11:35 | 12:15 | 4:09 | 5:51 | 7:10 | 16 | 4:48 | 6:10 | 11:30 | 12:10 | 4:27 | 6:12 | 7:31 | | | | | | |
| 17 | 5:35 | 7:01 | 11:29 | 12:11 | 3:43 | 5:23 | 6:46 | 17 | 5:19 | 6:41 | 11:35 | 12:15 | 4:10 | 5:52 | 7:11 | 17 | 4:47 | 6:08 | 11:30 | 12:10 | 4:28 | 6:13 | 7:32 | | | | | | |
| 18 | 5:35 | 7:01 | 11:29 | 12:11 | 3:44 | 5:24 | 6:47 | 18 | 5:18 | 6:40 | 11:35 | 12:15 | 4:11 | 5:52 | 7:11 | 18 | 4:46 | 6:07 | 11:30 | 12:09 | 4:28 | 6:14 | 7:32 | | | | | | |
| 19 | 5:35 | 7:00 | 11:30 | 12:12 | 3:45 | 5:25 | 6:48 | 19 | 5:17 | 6:39 | 11:35 | 12:15 | 4:12 | 5:53 | 7:12 | 19 | 4:44 | 6:06 | 11:29 | 12:09 | 4:28 | 6:14 | 7:33 | | | | | | |
| 20 | 5:35 | 7:00 | 11:30 | 12:12 | 3:46 | 5:26 | 6:48 | 20 | 5:16 | 6:38 | 11:35 | 12:15 | 4:12 | 5:54 | 7:13 | 20 | 4:43 | 6:05 | 11:29 | 12:09 | 4:29 | 6:15 | 7:34 | | | | | | |
| 21 | 5:34 | 7:00 | 11:30 | 12:12 | 3:47 | 5:27 | 6:49 | 21 | 5:15 | 6:37 | 11:35 | 12:15 | 4:13 | 5:55 | 7:14 | 21 | 4:42 | 6:03 | 11:29 | 12:09 | 4:29 | 6:16 | 7:34 | | | | | | |
| 22 | 5:34 | 6:59 | 11:31 | 12:13 | 3:48 | 5:28 | 6:50 | 22 | 5:14 | 6:36 | 11:35 | 12:15 | 4:13 | 5:56 | 7:14 | 22 | 4:40 | 6:02 | 11:28 | 12:08 | 4:30 | 6:17 | 7:35 | | | | | | |
| 23 | 5:34 | 6:59 | 11:31 | 12:13 | 3:49 | 5:29 | 6:51 | 23 | 5:13 | 6:35 | 11:35 | 12:15 | 4:15 | 5:57 | 7:15 | 23 | 4:39 | 6:01 | 11:28 | 12:08 | 4:30 | 6:17 | 7:36 | | | | | | |
| 24 | 5:33 | 6:58 | 11:31 | 12:13 | 3:49 | 5:30 | 6:52 | 24 | 5:12 | 6:34 | 11:34 | 12:15 | 4:15 | 5:57 | 7:16 | 24 | 4:37 | 5:59 | 11:27 | 12:08 | 4:31 | 6:18 | 7:37 | | | | | | |
| 25 | 5:33 | 6:58 | 11:32 | 12:14 | 3:50 | 5:31 | 6:52 | 25 | 5:11 | 6:33 | 11:34 | 12:14 | 4:16 | 5:58 | 7:17 | 25 | 4:36 | 5:58 | 11:27 | 12:07 | 4:31 | 6:19 | 7:38 | | | | | | |
| 26 | 5:33 | 6:58 | 11:32 | 12:14 | 3:51 | 5:32 | 6:53 | 26 | 5:10 | 6:32 | 11:34 | 12:14 | 4:17 | 5:59 | 7:17 | 26 | 4:34 | 5:57 | 11:26 | 12:07 | 4:32 | 6:19 | 7:39 | | | | | | |
| 27 | 5:32 | 6:57 | 11:32 | 12:14 | 3:52 | 5:32 | 6:54 | 27 | 5:09 | 6:30 | 11:34 | 12:14 | 4:17 | 6:00 | 7:18 | 27 | 4:33 | 5:55 | 11:26 | 12:07 | 4:32 | 6:20 | 7:39 | | | | | | |
| 28 | 5:32 | 6:57 | 11:32 | 12:14 | 3:53 | 5:33 | 6:55 | 28 | 5:08 | 6:29 | 11:34 | 12:14 | 4:18 | 6:00 | 7:19 | 28 | 4:32 | 5:54 | 11:26 | 12:06 | 4:32 | 6:21 | 7:40 | | | | | | |
| 29 | 5:31 | 6:56 | 11:32 | 12:14 | 3:54 | 5:33 | 6:56 | 29 | 5:07 | 6:28 | 11:34 | 12:14 | 4:18 | 6:01 | 7:20 | 29 | 4:31 | 5:53 | 11:26 | 12:06 | 4:33 | 6:21 | 7:40 | | | | | | |
| 30 | 5:31 | 6:55 | 11:33 | 12:15 | 3:55 | 5:35 | 6:56 | 30 | 5:06 | 6:27 | 11:33 | 12:14 | 4:18 | 6:01 | 7:20 | 30 | 4:29 | 5:52 | 11:25 | 12:06 | 4:33 | 6:22 | 7:42 | | | | | | |
| 31 | 5:31 | 6:55 | 11:33 | 12:15 | 3:56 | 5:36 | 6:57 | 31 | 5:05 | 6:26 | 11:33 | 12:14 | 4:18 | 6:01 | 7:20 | 31 | 4:28 | 5:50 | 11:25 | 12:06 | 4:34 | 6:23 | 7:42 | | | | | | |

For safety add 5 minutes after start time & subtract 5 minutes from ending time for sahari & all prayer times; add only 2 minutes after start time for Maghrib & Iftar.
 Zawal Begins = End time for Ishraq & Chasht. Makruh time between *Zawal Begin* & *Zuhr*. Niyat for Ramadhan & Nafil fasting can be done until *Zawal Begin*.

| APRIL | | | | | | | | | | MAY | | | | | | | | | | JUNE | | | | | | | | | |
|-------|------|---------|--------------|-------|------|---------|------|------|------|---------|--------------|-------|------|---------|------|------|------|---------|--------------|-------|------|---------|------|--|--|--|--|--|--|
| Date | Fajr | Sunrise | Zawal Begins | Zuhr | Asr | Maghrib | Isha | Date | Fajr | Sunrise | Zawal Begins | Zuhr | Asr | Maghrib | Isha | Date | Fajr | Sunrise | Zawal Begins | Zuhr | Asr | Maghrib | Isha | | | | | | |
| 1 | 4:26 | 5:49 | 11:24 | 12:05 | 4:34 | 6:23 | 7:43 | 1 | 3:44 | 5:14 | 11:14 | 11:58 | 4:44 | 6:44 | 8:11 | 1 | 3:17 | 4:55 | 11:11 | 11:59 | 4:54 | 7:05 | 8:40 | | | | | | |
| 2 | 4:25 | 5:48 | 11:24 | 12:05 | 4:34 | 6:24 | 7:44 | 2 | 3:43 | 5:13 | 11:14 | 11:58 | 4:44 | 6:45 | 8:12 | 2 | 3:16 | 4:55 | 11:10 | 11:59 | 4:54 | 7:05 | 8:41 | | | | | | |
| 3 | 4:23 | 5:47 | 11:24 | 12:05 | 4:35 | 6:25 | 7:45 | 3 | 3:42 | 5:13 | 11:14 | 11:58 | 4:45 | 6:45 | 8:13 | 3 | 3:15 | 4:54 | 11:11 | 11:59 | 4:55 | 7:06 | 8:42 | | | | | | |
| 4 | 4:22 | 5:45 | 11:23 | 12:04 | 4:35 | 6:25 | 7:46 | 4 | 3:41 | 5:12 | 11:14 | 11:58 | 4:45 | 6:46 | 8:13 | 4 | 3:15 | 4:54 | 11:10 | 11:59 | 4:55 | 7:06 | 8:42 | | | | | | |
| 5 | 4:20 | 5:44 | 11:23 | 12:04 | 4:36 | 6:26 | 7:47 | 5 | 3:40 | 5:11 | 11:13 | 11:58 | 4:45 | 6:47 | 8:15 | 5 | 3:14 | 4:53 | 11:10 | 11:59 | 4:55 | 7:07 | 8:43 | | | | | | |
| 6 | 4:19 | 5:43 | 11:23 | 12:04 | 4:36 | 6:27 | 7:47 | 6 | 3:39 | 5:10 | 11:13 | 11:58 | 4:46 | 6:48 | 8:16 | 6 | 3:14 | 4:53 | 11:10 | 11:59 | 4:55 | 7:07 | 8:43 | | | | | | |
| 7 | 4:18 | 5:42 | 11:22 | 12:03 | 4:36 | 6:27 | 7:48 | 7 | 3:38 | 5:10 | 11:13 | 11:58 | 4:46 | 6:48 | 8:17 | 7 | 3:15 | 4:54 | 11:11 | 12:00 | 4:56 | 7:08 | 8:44 | | | | | | |
| 8 | 4:16 | 5:40 | 11:22 | 12:03 | 4:36 | 6:28 | 7:49 | 8 | 3:37 | 5:09 | 11:13 | 11:57 | 4:46 | 6:49 | 8:18 | 8 | 3:14 | 4:54 | 11:11 | 12:00 | 4:56 | 7:08 | 8:45 | | | | | | |
| 9 | 4:15 | 5:39 | 11:22 | 12:03 | 4:37 | 6:29 | 7:50 | 9 | 3:34 | 5:06 | 11:12 | 11:57 | 4:46 | 6:50 | 8:19 | 9 | 3:14 | 4:53 | 11:11 | 12:00 | 4:56 | 7:09 | 8:45 | | | | | | |
| 10 | 4:13 | 5:38 | 11:21 | 12:03 | 4:37 | 6:30 | 7:51 | 10 | 3:33 | 5:06 | 11:11 | 11:57 | 4:47 | 6:50 | 8:20 | 10 | 3:13 | 4:52 | 11:11 | 12:00 | 4:57 | 7:10 | 8:46 | | | | | | |
| 11 | 4:12 | 5:37 | 11:21 | 12:02 | 4:38 | 6:30 | 7:52 | 11 | 3:32 | 5:05 | 11:11 | 11:57 | 4:47 | 6:51 | 8:21 | 11 | 3:13 | 4:52 | 11:11 | 12:00 | 4:57 | 7:10 | 8:46 | | | | | | |
| 12 | 4:10 | 5:35 | 11:20 | 12:02 | 4:38 | 6:31 | 7:53 | 12 | 3:31 | 5:04 | 11:11 | 11:57 | 4:47 | 6:52 | 8:22 | 12 | 3:12 | 4:52 | 11:11 | 12:00 | 4:57 | 7:10 | 8:47 | | | | | | |
| 13 | 4:09 | 5:34 | 11:20 | 12:02 | 4:38 | 6:31 | 7:53 | 13 | 3:30 | 5:03 | 11:11 | 11:57 | 4:48 | 6:53 | 8:23 | 13 | 3:13 | 4:53 | 11:11 | 12:01 | 4:57 | 7:10 | 8:47 | | | | | | |
| 14 | 4:08 | 5:33 | 11:20 | 12:02 | 4:39 | 6:32 | 7:55 | 14 | 3:29 | 5:03 | 11:11 | 11:57 | 4:48 | 6:53 | 8:24 | 14 | 3:13 | 4:53 | 11:12 | 12:01 | 4:58 | 7:11 | 8:48 | | | | | | |
| 15 | 4:06 | 5:32 | 11:19 | 12:01 | 4:39 | 6:33 | 7:55 | 15 | 3:28 | 5:02 | 11:11 | 11:57 | 4:49 | 6:54 | 8:25 | 15 | 3:13 | 4:53 | 11:12 | 12:01 | 4:58 | 7:11 | 8:48 | | | | | | |
| 16 | 4:05 | 5:30 | 11:19 | 12:01 | 4:39 | 6:34 | 7:56 | 16 | 3:27 | 5:01 | 11:11 | 11:57 | 4:49 | 6:55 | 8:26 | 16 | 3:13 | 4:53 | 11:12 | 12:01 | 4:58 | 7:11 | 8:49 | | | | | | |
| 17 | 4:04 | 5:30 | 11:19 | 12:01 | 4:39 | 6:34 | 7:57 | 17 | 3:26 | 5:01 | 11:10 | 11:57 | 4:49 | 6:55 | 8:27 | 17 | 3:13 | 4:53 | 11:12 | 12:01 | 4:57 | 7:12 | 8:49 | | | | | | |
| 18 | 4:02 | 5:28 | 11:18 | 12:01 | 4:40 | 6:35 | 7:58 | 18 | 3:26 | 5:00 | 11:11 | 11:57 | 4:49 | 6:56 | 8:27 | 18 | 3:13 | 4:53 | 11:12 | 12:02 | 4:59 | 7:12 | 8:49 | | | | | | |
| 19 | 4:00 | 5:26 | 11:18 | 12:00 | 4:40 | 6:36 | 7:59 | 19 | 3:25 | 4:59 | 11:11 | 11:57 | 4:50 | 6:57 | 8:28 | 19 | 3:13 | 4:54 | 11:12 | 12:02 | 4:59 | 7:12 | 8:50 | | | | | | |
| 20 | 3:59 | 5:25 | 11:17 | 12:00 | 4:40 | 6:36 | 7:59 | 20 | 3:24 | 4:59 | 11:10 | 11:57 | 4:50 | 6:57 | 8:29 | 20 | 3:13 | 4:54 | 11:13 | 12:02 | 4:59 | 7:13 | 8:50 | | | | | | |
| 21 | 3:58 | 5:25 | 11:17 | 12:00 | 4:41 | 6:37 | 8:01 | 21 | 3:23 | 4:58 | 11:10 | 11:57 | 4:50 | 6:58 | 8:30 | 21 | 3:13 | 4:54 | 11:13 | 12:02 | 4:59 | 7:13 | 8:50 | | | | | | |
| 22 | 3:57 | 5:24 | 11:17 | 12:00 | 4:41 | 6:38 | 8:02 | 22 | 3:22 | 4:58 | 11:10 | 11:57 | 4:51 | 6:59 | 8:31 | 22 | 3:14 | 4:54 | 11:13 | 12:03 | 5:00 | 7:13 | 8:51 | | | | | | |
| 23 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |